



# Muslim Youth Leadership Summit January 7- 8, 2023 Schedule

## Saturday

**9:45 AM - Arrival/Check-in**

**10:00 - 10:15 AM - Welcome**

With Razin Karu (Islamic Society of Willow Grove) and Ahmet Tekelioglu, Asiyah Jones, and Zeynep Emanet (CAIR-Philadelphia)

**10:15 - 10:45 AM - Courage and Change-making: Insights from a Local Leader**

With Dr. Rashidah Abdul-Khabeer

Students will start the morning off with a few remarks by a local, Muslim public health activist and advocate who serves on CAIR-Philadelphia's Executive Committee. During this time students will learn about her story, her leadership, and her ability to stand up for the challenge of positive change.

**10:45 - 11:45 AM Session 1: Training for Change**

With Peter Pedemonti (New Sanctuary Movement)

In this interactive icebreaker session, students will be led in an activity by the Co-Director of New Sanctuary Movement, Peter Pedemonti. Students will get the chance to participate in an interactive training activity used by many professional organizing and advocacy organizations.

**11:50 AM - 12:50 PM - Session 2: Young Professionals Panel**

With Tom Hasani, Sumaiyah Bynum, Ibrahim Jabeer, Humna Rub

This panel will feature young professionals in various change making fields. Students will get the chance to learn about our panelists' lines of work and how they got there along with the ups and downs along the way. Panelists will reflect on navigating their professional lives while being confidently Muslim. Throughout the panel, students will also have the opportunity to engage with the speakers in a Q&A.

**1:00 - 2:15 PM - Lunch, Spoken Word (by Ibrahim Jabeer) & Dhuhr**

Enjoy a spoken word performance by Ibrahim Jabeer, a pro basketball player turned scholar/activist, based on his recent book, *Touch of Gold*, bringing the Qur'an in conversation with today's pressing issues.

**2:30 - 3:50 PM - Session 3: Public Speaking Jeopardy**

With Timmie Mirza (Toastmasters)

Public Speaking can be scary. And we all may have to do this at some point, but, as they say, "practice makes perfect"! In this session students will get to play Jeopardy but with a twist. Behind each category will be a prompt where students will have 2-3 min to practice their public speaking skills.

**4:00 - 5:00 PM - Session 4: Navigating Conflict and Disagreements:  
Being Confident and Graceful**

With Rachel Baldi

As a young person navigating a world in which not everyone believes or agrees with what you believe, there could come a time where you have to have what could be a difficult conversation. In this session students will learn the best practices for processing conflict and handling disagreements. And how to be confident and graceful when the time comes to express your beliefs.



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## Sunday

### **10:15 - 11:30 AM - Session 5: School District Leadership & CAIR-Philadelphia Campaigns**

With Ahmet Tekelioglu and Asiyah Jones (CAIR-Philadelphia)

Students will reflect on both the positive and negative aspects of their school experience and then develop solutions on how to create change for this upcoming school year. Does your school cafeteria have halal options; do you have a place to pray while in school; do your textbooks mention Islam in an accurate way? Students will learn how to advocate for their rights and plan implementation. Students will get the opportunity to see applied activism in the example of ongoing CAIR-Philadelphia campaigns.

### **11:30 - 12:30 PM - Session 6: Mental Health and Wellbeing**

With Chaplain Patricia Anton (Penn Muslim Life)

In order for us to do our best, we must also ensure we feel our best; and not just physically. Ensuring that we are taking care of our mental health is extremely important and so often with our busy lives we neglect it. Students will learn what mental health is, what Islam says about mental health, and how to navigate dealing with challenges along the way.

### **12:30 - 2:00 PM - Lunch and Dhuhur**

### **2:00 - 3:30 - Session 7: School District Leadership Pt. 2 - What Now? Action Plan**

With CAIR-Philadelphia

Now that students have had the chance to discuss the positive aspects of their school experience the question left is what now? In this session students will create an action plan and start the project to see it through. Will they use canva to design an infographic, or tiktok to create an informational video? A little creativity can go a long way!

### **3:30 - 4:30 PM - Session 8: Navigating Difficult Questions as Young Muslim Leaders**

With Iftekhhar Hussain

Typically Muslim students are asked to become the spokesperson in their schools on questions about Muslims/Islam in general. And answering what may feel like a basic question can be tricky especially when trying to also make sure that the other person who may not be Muslim actually understands. This session will help students learn how to address those questions, think critically, and develop skills to navigate topics that could get controversial.

### **4:30 - 5:00 - Debrief and Thank You**